Yes! I want to help FCEG improve bicycling in Elk Grove Village.

### Membership Form

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<th>Address</th>
<th>City/State/Zip</th>
<th>Telephone</th>
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E-mail (used only for newsletters and updates)

* FCEG is a 501(c)(3) charity

### FCEG Membership Levels (select one)

- ☐ $15 Individual
- ☐ $25 Family
- ☐ $50 Supporter (Incl. free coffee mug)
- ☐ $10 Seniors and Students
- ☐ ($  ) Other Donation Amount *

### Optional Membership Premiums

$20 ea. FCEG T-shirt (adult sizes only)

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Total Contribution: $ __________

### Payment method:

Friends of Cycling Elk Grove can accept checks or PayPal online at: [www.egvbikes.org/membership.html](http://www.egvbikes.org/membership.html)

Please mail this completed form with your contribution today to:

**Friends of Cycling in Elk Grove**
815 Leicester Rd. #314
Elk Grove Village, IL 60007

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**Join us in Making Cycling Safe, Easy & Fun**

**Become a Member!**

Help Make Cycling Safe, Easy and Fun!

[www.egvbikes.org](http://www.egvbikes.org)

**JOIN TODAY!**

**We’re the Friends of Cycling in Elk Grove!**

[www.egvbikes.org](http://www.egvbikes.org)

Like us on Facebook:


Email your questions, ideas and suggestions to: egvbikes@gmail.com

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**Bicycling is good for public health, good for the environment, good for the local economy, good for you, and helps make a more vibrant community.**
What is FCEG?
The Friends of Cycling in Elk Grove is a group of enthusiastic cyclists from Elk Grove Village, Illinois who want more people to ride bikes more often – to school, to work, for errands, for exercise and for enjoyment.

Our mission is to: “Promote, support and improve cycling in Elk Grove.”

We are an advocacy organization working with Mayor Johnson, our Police Dept., Park District, schools, residents and local businesses to make Elk Grove Village more bike-friendly and safe.

The 5 E’s

In order to achieve our goals, The Friends of Cycling in Elk Grove focus on: Education, Engineering, Encouragement, Enforcement, and Evaluation.

You can learn more about these important criteria, developed by the League of American Bicyclists at: www.bikeleague.org

Would you like…

• Motorists and cyclists to share the road safely?
• Bike safety lessons for kids and adults?
• Bike-friendly roads?
• Better marked bike routes?
• Networking with other local bicycling enthusiasts?
• Your voice represented?

Safe cycling skills

Bicyclists have all the rights and responsibilities of other road users. Your actions affect everyone’s opinion of cyclists.

Do a bicycle safety check

Each time you ride your bike… Check your tires and wheels. Check your lights. Check your brakes. Check your seat and handlebar.

Be predictable

Signal your intentions. Use eye contact to communicate with drivers. Avoid unexpected, sudden moves.

See, be seen, and be heard

Use lights at night or in poor visibility. Flashing lights and reflective clothing are very effective. Call out your intentions when passing.

Stay alert, look and listen

Watch for obstacles in your path, car doors opening, pot holes, children, pets, & motorists.

Wear your helmet

Stuff happens! Your brain is worth protecting. Always fasten your helmet straps and wear your helmet level on your head for best protection.

Member Benefits

• Monthly newsletters via email
• Discounts at local business and restaurants
• Support for a local non-profit organization
• Invitations to members-only events and rides
• Volunteer opportunities
• Physical fitness
• Social opportunities and group rides
• Basic bike maintenance and safety skills